



# Schat's Bakery & Cafe at Friedman's

1255 A Airport Park Blvd. | Ukiah, CA | (707) 468-5850  
Lunch Served M-F 6am-4pm | Sat 7am-4pm | Sun 8am-4pm

- Order online at [www.schats.com](http://www.schats.com) -



## Quick Breakfast Ideas

Served until 11am Mon-Fri and 11:30am Sat & Sun

### Schat's Breakfast Bagel..... 875

Choose any one of our delicious bagels and we'll add scrambled eggs, melted cheese and your choice of ham, bacon, sausage or turkey

### California Light Bagel..... 775

Cream cheese, cucumber, tomato, avocado and sprouts on your choice of bagel

### Filled Breakfast Croissant.....975

Scrambled eggs, melted cheese and your choice of ham, bacon, sausage or turkey on a croissant

### Schat's Breakfast Burrito..... 1050

Scrambled eggs, melted cheese, seasoned potatoes, with your choice of ham, bacon, sausage or turkey with salsa on the side

### Garden Breakfast Burrito..... 1050

Filled with eggs, tomatoes, seasoned potatoes, onions, mushrooms, spinach, zucchini, bell peppers, and avocado with salsa on the side

### Hot! Hot! Hot! Burrito..... 1075

Scrambled eggs with Louisiana Hot Sausage, jalapeños, cheese, seasoned potatoes, mushrooms and a dash of Tobasco sauce

### Old Fashioned Buckeye Oatmeal.....800

Served with brown sugar, cranberries, walnuts and milk

### Zach's Breakfast Bowl\*..... 1295

Seasoned potatoes, sauteed veggies, avocado, choice of ham, bacon sausage or turkey, topped with three over easy eggs

### Protein Burrito

Three egg whites plus a whole egg scrambled with bacon, mushrooms, spinach, red bell peppers, feta cheese, and avocado

**Wrapped in a tortilla..... 1195**

**In a bowl with wheat toast..... 1195**

## Breakfast Paninis & Tortinis

Choose a **Panini** with Schat's bread or a **Tortini** with a flour tortilla

### Bacon, Mushroom, Spinach Panini/Tortini..... 1065

Bacon, mushroom, spinach, jack cheese and eggs on Shepherders bread or a tortilla

### Apple Chicken Sausage Panini/Tortini..... 1065

Apple chicken sausage, spinach, mushroom, jack cheese & eggs served on sourdough wheat bread or a tortilla

## Schat's Specialty Salads Served with a Fresh Roll & Butter

Dressings Available: Ranch, Bleu Cheese, 1000 Island, Honey Mustard, Avocado Vinaigrette, Italian, Sesame, Balsamic Vinaigrette and Caesar\*

### Caesar Salad\*..... 945 / 1295

Romaine lettuce, Parmesan cheese, tossed in a Caesar dressing topped with asiago cheese and croutons

**Add Chicken..... 1075 / 1475**

### Ultimate Caesar Salad\*..... 1075 / 1475

Romaine lettuce, Parmesan cheese, asiago cheese, tomatoes, cucumbers, bacon, topped with croutons tossed in a Caesar dressing

### Cashew Chicken..... 1075 / 1475

Marinated chicken breast on a bed of greens, in a light sesame dressing, topped with cashews, rice sticks, bell peppers and sesame seeds

### Apple Walnut Feta..... 1075 / 1475

Mixed Greens, apples, caramelized walnuts and feta cheese served with honey mustard dressing

### Misdemeanor Chopped Salad..... 1100 / 1475

A delicious combination of chopped mixed greens, cabbage, spinach, carrots, broccoli, red bell peppers, cauliflower, artichokes, red onion, sprouts, sunflower seeds and avocados. All chopped and tossed in your favorite dressing.

### Cobb Salad..... 1075 / 1475

Marinated chicken breast on a bed of greens, hard boiled egg, tomatoes, and avocado slices with avocado vinaigrette dressing topped with bacon bits and crumbled bleu cheese

### Taco Salad..... 1025 / 1350

Tortilla chips, a bed of greens, warm vegetarian black beans, tomatoes, onions, sour cream, salsa and cheese

**Add Chicken..... 1100 / 1475**

### Cafe Greens..... 895 / 1250

Greens with broccoli, cauliflower, carrots, tomatoes, cucumber, sprouts & choice of dressing

### Cafe Chef..... 1125 / 1495

All the Courthouse greens plus jack, cheddar, ham, turkey, hard-boiled egg and bacon bits

### Grilled Pesto Chicken Salad..... 1100 / 1495

Pene pasta with Romaine lettuce, tomatoes, carrots, bell peppers, rice sticks with pesto grilled chicken and Italian dressing

### Mediterranean Salad..... 1100 / 1495

Marinated chicken breast on a bed of greens, chopped salami, artichoke hearts, olives, sun-dried tomatoes, feta cheese, with Italian dressing

## Soups - Made Fresh Daily

Cup of Soup..... 675

Bowl of Soup..... 825

All You Can Eat Soup & Bread..... 1300

## Soups & Salad

Cafe Greens & Bowl of Soup..... 1495

Caesar\* & Bowl of Soup..... 1495

## Burritos

### Chicken Burrito..... 1250

Beans, chicken, cheese, rice, red onions, tomato, and lettuce in a flour tortilla. Served with salsa & sour cream

### Vegetarian Burrito..... 1250

Beans, cheese, rice, grilled veggies, tomato, avocado, and lettuce, in a flour tortilla. Served with salsa & sour cream

\* Contains raw or undercooked eggs. Regarding the safety of these items, written information is available upon request.

# Sandwiches | Wraps | Paninis & Tortinis | Quiche

## Specialty Combo

Regular Sandwich, 12 oz. cup of soup, Caesar\* salad, cup of fruit or green salad..... 14<sup>25</sup>

### The Hammer ..... 900 / 12<sup>25</sup>

Sliced honey roasted chicken, red onions, smokey cheddar, tomatoes, sprouts, honey dijon, and mayo on Shepherd's bread

### The Foreman ..... 9<sup>25</sup> / 12<sup>50</sup>

Fresh roasted turkey breast, bacon, tomatoes, avocado, lettuce, jack cheese, mayo, and mustard on fresh sourdough bread

### The Journeyman ..... 900 / 12<sup>25</sup>

Thin sliced, marinated Tri-Tip, cheddar, tomato, lettuce, mayo and chipotle sauce on a french roll

### Friedman Bros. Classic ..... 900 / 12<sup>25</sup>

Heated lean New York style pastrami topped with cool cole slaw on a french roll with dijon mustard

### Tool Time Tuna ..... 895 / 12<sup>25</sup>

Fresh tuna on a honey molasses bread with mayo, tomatoes & sprouts

### Sub Contractor ..... 9<sup>25</sup> / 12<sup>50</sup>

Thin sliced salami, ham, turkey, onions, olives, provolone, lettuce, tomato, mayo & pesto on a French roll

### 2 x 4 ..... 9<sup>25</sup> / 12<sup>50</sup>

Ham, turkey, pastrami, marinated Tri-Tip, jack, cheddar, lettuce, tomato, mayo & mustard on multi-grain

### The Arc Welder ..... 900 / 12<sup>25</sup>

Louisiana hot sausage on a french roll heated with mustard, pepperoncinis and jalapeño jack cheese

### The Green House ..... 895 / 12<sup>25</sup>

A vegetarian sandwich served with avocado, sprouts, onions, cucumber, tomatoes, spinach, carrots, and jack cheese with honey dijon mustard on multi grain

### B.L.T ..... 900 / 12<sup>25</sup>

Bacon, lettuce, tomato, with mayonnaise on toasted Seedlicious bread. (add avocado 1<sup>10</sup> / 2<sup>20</sup>)

### B.L.T.C.A. ..... 9<sup>25</sup> / 12<sup>75</sup>

Bacon, lettuce, tomato, chicken, avocado and mayonnaise with pesto sauce on toasted sourdough bread

### The Home Improvement Club ..... 10<sup>25</sup> / 14<sup>25</sup>

Black Forest ham, bacon, roasted turkey, lettuce, tomato, onions, jack and cheddar cheese, mayo and dijon stacked 3 high on toasted sourdough

### The Architect ..... 12<sup>50</sup>

Chicken salad sandwich on a fresh butter croissant with lettuce tomato and sprouts (add avocado for 2<sup>20</sup>)

## Wonderful Wraps

### The Turkey Pen ..... 895 / 12<sup>95</sup>

Fresh roasted turkey breast, tomato, avocado, lettuce, jack cheese, mayo & mustard on a flour tortilla

### Roman Pillar\* ..... 895 / 12<sup>25</sup>

A delicious chicken & bacon Caesar salad wrapped in a flour tortilla

### Thai Wrap ..... 895 / 12<sup>95</sup>

Sprouts, tomatoes, avocado, cilantro, bell peppers, olives, cucumbers, spinach, with a peanut vinegar dressing

### Cobb Wrap ..... 895 / 12<sup>25</sup>

Marinated chicken breast, mixed greens, hard boiled egg, tomatoes, bacon bits, avocado slices, crumbled blue cheese with avocado vinaigrette wrapped in a tortilla

### Regular Wrap Combo ..... 14<sup>00</sup>

Your choice of wrap served with your choice of a cup of soup, garden salad, Caesar\* salad, or a cup of fresh fruit

## Build Your Own Custom Sandwich Creation

- Regular Sandwich..... 8<sup>95</sup>
- Large Sandwich..... 12<sup>25</sup>
- Custom Combo with regular sandwich, cup of soup, cup of fruit, or Caesar\*/green salad ..... 14<sup>00</sup>

### Breads

- Shepherders
- Sourdough
- French Roll
- Dutch Crunch Roll
- Hoagie Soft Roll
- Multi-Grain Wheat
- Rye Bread
- Tortilla Wrap
- Honey Molasses
- Sourdough Wheat
- Seedlicious
- Gluten Free (.50)

### Condiments

- Dijon
- Honey Dijon
- Mayonnaise
- Mendo Mustard
- Mustard
- Green Leaf Lettuce
- Iceberg Lettuce
- Tomato
- Onions
- Sprouts
- Pickles
- Oil & Vinegar
- Salt & Pepper
- Vegemise

### Meats

- Ham
- Roast Beef
- Roasted Turkey
- Smoked Turkey
- Tuna
- Salami
- Pastrami
- Honey Roasted Chicken (add .50)
- Chicken Salad

### Cheese

- Monterey Jack
- Mild Cheddar
- Swiss
- Provolone
- Jalapeno Jack
- Smokey Cheddar
- Cream Cheese (.75)

### Extras

- Pesto Sauce (.85)
- Carrots (.50)
- Cucumbers (.75)
- Cranberry Sauce (.50)
- 1/4 Avocado (1<sup>10</sup>)
- 1/2 Avocado (2<sup>20</sup>)
- Pepperoncini (.75)
- Sliced Jalapeños (.75)
- Roasted Red Bells (.75)

## Paninis & Tortinis

Choose a **Panini** with Schat's bread or a **Tortini** with a flour tortilla

### Chipotle Tri-Tip Panini ..... 12<sup>25</sup>

Tri-tip with chipotle sauce, mushrooms, bell peppers and pepper jack cheese on multigrain or a tortilla

### Pesto Panini ..... 12<sup>25</sup>

Salami, pastrami, pesto, onions, roasted red bell peppers, artichoke hearts and provolone cheese on Shepherders or a tortilla

### BBQ Grilled Chicken Panini ..... 12<sup>25</sup>

BBQ Grilled Chicken, mushrooms, onions, jalapenos, avocado & jack cheese on sourdough or a tortilla

### Tuna Melt Panini ..... 12<sup>25</sup>

White Albacore tuna salad, with Jack cheese on sourdough bread

### Pesto Grilled Chicken Panini ..... 12<sup>25</sup>

Pesto, grilled chicken, spinach, tomatoes, onions, provolone & light mayo on our sourdough wheat bread

## A la Carte

### Homemade Quiche A la Carte ..... 10<sup>50</sup>

With side Caesar\* / green salad or cup of soup or cup of fruit..... 14<sup>00</sup>