



Schat's Bakery & Deli
at the Eagle's Nest
 1000 Hensley Creek Rd. | Ukiah, CA
 (707) 468-3145

Name: _____

Pick up time: _____

Lunch Served Mon. – Thurs. | 8:00 am - 3:00 pm

Specialty Salads

- Caesar*** 9⁰⁰ / 12⁰⁰
Romaine lettuce, Parmesan cheese, tossed in a Caesar dressing topped with asiago and croutons
- Chicken Caesar*** 9⁹⁵ / 12⁹⁵
Our classic Caesar topped with marinated chicken
- Cashew Chicken** 9⁹⁵ / 12⁹⁵
Marinated chicken breast on a bed of greens, in a light sesame dressing, topped with cashews, rice sticks, bell peppers and sesame seeds
- Ultimate Caesar Salad** 9⁹⁵ / 12⁹⁵
Romaine lettuce, parmesan cheese, asiago cheese, tomatoes, cucumbers, bacon, topped w/croutons tossed in a Caesar dressing
- College Greens** 8²⁵ / 11²⁵
A bed of mixed greens, broccoli, cauliflower, sprouts, grated carrot, cucumber and tomato with your choice of dressing
- Cobb Salad**..... 9⁹⁵ / 12⁹⁵
Marinated chicken breast on a bed of greens, hard boiled egg, tomatoes, avocado, with bacon bits and crumbled blue cheese with avocado vinaigrette
- College Chef**..... 10⁷⁵ / 13⁷⁵
Everything in the college greens, ham, turkey, boiled egg, bacon bits, jack & cheddar cheese with your choice of dressing
- Soup & Small Green Salad**..... 13⁰⁰
Small green salad with a bowl of soup
- Soup & Small Caesar Salad**..... 13⁰⁰
Small caesar salad with a bowl of soup

Salad Dressings

- | | |
|---|--|
| <input type="checkbox"/> Balsamic Vinaigrette | <input type="checkbox"/> Avocado Vinaigrette |
| <input type="checkbox"/> Bleu Cheese | <input type="checkbox"/> Italian |
| <input type="checkbox"/> Caesar* | <input type="checkbox"/> Sesame |
| | <input type="checkbox"/> Ranch |

Substitutions additional topping(s) or changes may require extra charge.

***Caesar salad contains raw egg**

Soup - Made Fresh Daily

- Cup of Soup** 6²⁵
- Bowl of Soup**..... 7⁷⁵

Burritos

- Grilled Chicken Burrito** 11⁵⁰
Chicken, beans, cheese, rice, lettuce, tomato, red onion with side salsa and sour cream (add avocado for 1¹⁰)
- Grilled Steak Burrito**..... 11⁵⁰
Seasoned steak, cheese, Spanish rice, beans and tomato wrapped in a flour tortilla. Served with salsa and sour cream.
- Grilled Vegetarian Burrito**..... 11²⁵
Beans, cheese, rice, grilled veggies, lettuce, tomato and avocado wrapped in a flour tortilla. Served with salsa and sour cream.

Quiche

- Homemade Quiche Ala Carte** 9⁹⁵
With your choice of:
- Cup of Soup *Caesar Green Salad Cup of Fruit... 12⁵⁰

Paninis & Tortinis

Choose a Panini with Schat's bread
 or a Tortini with a flour tortilla

- Pesto Grilled Chicken Panini** 10⁵⁰
Pesto, grilled chicken, spinach, tomatoes, onions, provolone on sourdough or a tortilla
- BBQ Grilled Chicken Panini** 10⁵⁰
BBQ Grilled Chicken, mushrooms, onions, jalapenos, avocado & jack cheese on sourdough or a tortilla
- BBQ Grilled Tri-Tip Panini** 10⁷⁵
BBQ Grilled Tri-Tip, onions, bell peppers, tomatoes, jalapeno jack cheese on shepherders bread or tortilla

Ready to Go

In a Hurry?
 Check out the pre-made items in our case!
Burritos, Sandwiches and More!



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Specialty Sandwiches

- Small Sandwich and Your Choice of** 12⁵⁰
 Cup of Soup Caesar* Green Salad Cup of Fruit

- The Final Exam** 8⁰⁰ / 11⁰⁰
 Fresh roasted turkey breast, bacon, tomatoes, avocado, lettuce, jack cheese, mayo, and mustard on sliced sourdough

- Honor Roll** 7⁷⁵ / 10⁷⁵
 Avocado, sprouts, onion, cucumber, tomatoes, spinach, carrots, and jack cheese with honey dijon on multi-grain bread

- Mid Term** 7⁷⁵ / 10⁷⁵
 Tuna, tomato and sprouts on sliced sourdough

- Incomplete (wrap)** 8⁰⁰ / 11⁰⁰
 Turkey, avocado, lettuce, tomato, swiss cheese and mayonnaise in a flour tortilla

- The Achiever (wrap)** 8⁰⁰ / 11⁰⁰
 Marinated chicken and bacon tossed with Caesar* salad in a flour tortilla

- B.L.T.** 8⁰⁰ / 11⁰⁰
 Bacon, lettuce, tomato with mayonnaise on toasted shepherders bread

- B.L.T.C.A.** 8⁹⁵ / 12⁰⁰
 Bacon, lettuce, tomato, chicken, avocado and mayonaise with pesto sauce on toasted sourdough bread

Value Menu

- 2 Chicken Tacos** 6⁵⁰
- 2 Steak Tacos** 6⁷⁵
- The Mendo Eagle** 7⁵⁰
 Dutch crunch roll, European butter, fresh roasted turkey, salami and swiss cheese
- Bag Lunch** 11⁰⁰
 Regular build your own sandwich (price doesn't include extras), bag of chips and fountain drink

Build Your Own Awesome Sandwich

- Small Sandwich** 7⁹⁵
- Large Sandwich** 10⁹⁵
- Small Sandwich, Add One Item:** 12⁵⁰
 Cup of Soup Caesar* Green Salad Cup of Fruit

<p>Breads</p> <ul style="list-style-type: none"> <input type="checkbox"/> Shepherders <input type="checkbox"/> Sourdough <input type="checkbox"/> French Roll <input type="checkbox"/> Dutch Crunch Roll <input type="checkbox"/> Hoagie Soft Roll <input type="checkbox"/> Multi-Grain Wheat <input type="checkbox"/> Tortilla Wrap <input type="checkbox"/> Honey Molasses <input type="checkbox"/> Gluten Free (.50) <p>Meats</p> <ul style="list-style-type: none"> <input type="checkbox"/> Ham <input type="checkbox"/> Roast Beef <input type="checkbox"/> Roasted Turkey <input type="checkbox"/> Tuna <input type="checkbox"/> Salami <input type="checkbox"/> Chicken Salad <p>Cheese</p> <ul style="list-style-type: none"> <input type="checkbox"/> Monterey Jack <input type="checkbox"/> Mild Cheddar <input type="checkbox"/> Swiss <input type="checkbox"/> Provolone <input type="checkbox"/> Jalapeno Jack <input type="checkbox"/> Cream Cheese (.65) 	<p>Condiments</p> <ul style="list-style-type: none"> <input type="checkbox"/> Dijon <input type="checkbox"/> Honey Dijon <input type="checkbox"/> Mayonnaise <input type="checkbox"/> Mendo Mustard <input type="checkbox"/> Mustard <input type="checkbox"/> Green Leaf Lettuce <input type="checkbox"/> Iceburg Lettuce <input type="checkbox"/> Tomato <input type="checkbox"/> Onions <input type="checkbox"/> Sprouts <input type="checkbox"/> Pickles <input type="checkbox"/> Oil & Vinegar <input type="checkbox"/> Salt & Pepper <input type="checkbox"/> Vegenaise <p>Extras</p> <ul style="list-style-type: none"> <input type="checkbox"/> Pesto Sauce (.85) <input type="checkbox"/> Carrots (.50) <input type="checkbox"/> Cucumbers (.65) <input type="checkbox"/> Cranberry Sauce (.50) <input type="checkbox"/> 1/4 Avocado (1¹⁰) <input type="checkbox"/> 1/2 Avocado (2²⁰) <input type="checkbox"/> Pepperoncini (.65) <input type="checkbox"/> Sliced Jalapenos (.65) <input type="checkbox"/> Roasted Red Bells (.65)
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